

John Purchase Public School

Advance Together: Strive for Excellence



9875 3100



9875 3762



johnpurch-p.school@det.nsw.edu.au
www.johnpurch-p.schools.nsw.gov.au



THE CALENDAR

For future dates please refer to the "calendar" tab located on the school website
www.johnpurch-p.schools.nsw.gov.au

<u>TUES 2 JULY</u> Bronze award morning tea in the annexe.	<u>WED 3 JULY</u> Bronze medallion morning tea – Mrs Black's office	<u>FRI 5 JULY</u> Last day of Term	<u>TUES 23 JULY</u> Students return to school T3 K-2 Cricket Clinic Yr 5-6 Interrate	<u>WED 24 JULY</u> K-2 Cricket Clinic
<u>THURS 25 JULY</u> Assembly 2.05 pm				

Please note the first newsletter next term will be published in week 2, on Monday 29 July.

FROM THE PRINCIPAL

Save the Date – Thursday 8 August

We are excited to have started making plans for this year's Education Week, with further details being published next term. This is our timetable:

- 8.50am – Parent Masterclass in the hall
- 9.40am – Classroom visits
- 10.30am – Morning tea in the hall
- 11am – Assembly and performances
- 12.30pm – Picnic lunch with the children
- 1.10pm Finish

The theme for this year's Education Week is *Every Student Every Voice*. This theme closely aligns with our school's practices and directions as we continue to provide student voice within our restorative practice culture and as we work hard to support students in developing self-regulation, self-efficacy and student agency.

Happy Holidays

This has certainly been a busy term, with another one on the horizon. Wishing all of our families a safe and happy holiday. We hope you have time to relax and enjoy quality time with the children. The first day of Term 3 for students is **Tuesday 23 July**.

I will be on leave at the beginning of next term and will return to school on Thursday 8 August. Mrs Cole will relieve as Principal at the beginning of the term.

Developing a Culture of Thinking Across Classrooms

Our School Development Day will be held on Monday 22 July. On this day our teachers will continue learning about developing a culture of thinking in their classrooms. The sessions will focus on how expectations and the environment can foster a culture of thinking. In the afternoon teachers and support staff will complete practical CPR and anaphylaxis training.

Student Reports

Semester One student reports were made available to parents last Thursday 27 June through the parent portal. Here is a link to Michael Grose as he provides some practical advice on discussing the report with your child/ren: <https://vimeo.com/219326386/4efcdd6c2e>
















Mrs Leonie Black
Principal

Too sick for school?



Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

Bronchitis	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	 ... until they are feeling better. Antibiotics may be needed.
Chickenpox (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	 ... for 5 days from the onset of the rash and the blisters have dried.
Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	 ... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
Diarrhoea (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	 ... for at least 24 hours after diarrhoea stops.
Fever	A temperature of 38.5°C or more in older infants and children.	 ... until temperature is normal.
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	 ... for at least 24 hours after diarrhoea and/or vomiting stops.
German measles (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	 ... for at least 4 days after the rash appears.
Glandular Fever (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	 ... unless they're feeling unwell.
Hand, Foot and Mouth Disease (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	 ... until all blisters have dried.
Hayfever (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	 ... unless they feel unwell or are taking a medication which makes them sleepy.
Head lice or nits* (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	 ... while continuing to treat head lice each night. Tell the school.

Hepatitis A	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	 ... for 2 weeks after first symptoms (or 1 week after onset of jaundice). Contact your doctor before returning to school.
Hepatitis B	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	 ... if they have symptoms. Contact your doctor before returning to school.  ... if they have a chronic infection (not the first outbreak) and no symptoms.
Impetigo (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	 ... until antibiotic treatment starts. Sores should be covered with watertight dressings.
Influenza	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	 ... until well.
Measles	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	 ... for at least 4 days after the rash appears.
Meningococcal Disease	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	Seek medical attention immediately. Patient will need hospital treatment. Close contacts receive antibiotics.
Molluscum Contagiosum	Multiple small lumps (2-5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.	
Mumps	Fever, swollen and tender glands around the jaw.	 ... for 9 days after onset of swelling.
Ringworm* (tinea corporis)	Small scaly patch on the skin surrounded by a pink ring.	 ... for 24 hours after fungal treatment has begun.
Runny nose or common cold		 ... unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.
Scabies*	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	 ... until 24 hours after treatment has begun.
Shigella	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	 ... until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.
Slapped Cheek Syndrome (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	 ... as it is most infectious before the rash appears.
Whooping Cough (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	 ... until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.
Worms (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	 ... and tell the school as other parents will need to know to check their kids.

*It is important that the rest of the family is checked for head lice, scabies and ringworm

FROM THE DEPUTY PRINCIPAL**HAPPY AND SAFE HOLIDAYS**

With the school holidays approaching, daily routines often change and everyone is a lot more relaxed. Different play locations and holiday destinations means changed traffic environments and new safety concerns.

Please click on the following links for some parenting ideas to ensure that you and your family enjoy a happy and safe holiday break.

Road safety

<https://education.nsw.gov.au/teaching-and-learning/curriculum/learning-across-the-curriculum/road-safety-education/news/announcements/school-holidays-are-coming-up>

<https://www.safetytown.com.au/>

Water safety

<http://www.watersafety.nsw.gov.au/>

Cyber safety

<http://www.schoolatoz.nsw.edu.au/technology/cybersafety>

SCHOOL ARRIVAL AND LATE NOTE

Thank you to all those students who have been arriving at school before the 8:55 am music. If your child arrives at school late, please escort them to the office to get a late arrival note and then escort them to their classroom for their safety.

LOST PROPERTY

We have a lot of lost property at the moment. If your child has misplaced an item please check the special lost property bins outside Miss Brennan's room or Ms Allen's room.

Some of the names marked on the students' clothing are becoming very washed out. Please re-mark all your child's belongings ready for Term three.

DEPUTY PRINCIPAL POSITION

Please be advised that I will be relieving as the Principal from Monday 22nd July until Wednesday 7th August. Mr Johnson will be relieving as Deputy Principal for Weeks 1 and 2 of Term 3. Mrs King will return as the Deputy Principal on Monday 5th August.

Our School Expectations



This week's expectation is **ASPIRE** - Go straight home or to OOSH when the 2:50m bell rings. Congratulations to the students who have demonstrated our school expectations of **RESPECT**, **RESPONSIBILITY** or who have tried to **ASPIRE**. The latest awardees are published below:

Purchase Pride Badge (10 Purchase Prides)

The following badges will be presented at the **Week 2** Monday morning assembly **next term**.

Congratulations to:

William (KH), Kevin (KF), Jessica (KH), Beau (4O), Daniel (1M)

Bronze Awards (10 Class Awards)

Please note that these awards are presented once per term. Bronze Awardees and their parents, will receive an invitation to the **Principal's Morning Tea**, to be held **at recess in the annexe tomorrow 2nd July**. Invitations have been sent home.

Congratulations to:

Zenith D (6G), Aasi N (1S), Leon E (1M), Sean G (2D), Yashwanth G (6L), Joanna L (2B), Akhil A (3/4W), Trishitaa K (5K), Annabelle Z (3/4W), Alannah Mc (1M), Arianna (2C), Pippa (2C)

Gold Awards (30 Class Awards)

Please note that this award will be presented at the **Week 1** Thursday afternoon assembly **next term**.

Congratulations to:

Minuki F (4/5B),

Bronze Medallion Award (40 Class Awards)

The following Bronze Medallion Recipients are invited to a morning tea with Mrs Black and other recipients, in her office at recess on **Wednesday 3rd July**. Invitations have been sent home to the following students.

Congratulations to:

Audrey W (6W), Mia (5J), Bronte C (6G), Lucy M (6W), Vincent S (5/6JG), Lyssa B (6L), Finlay (5M), Nathaniel (6W)

Mrs Leonie Cole

Deputy Principal (rel)



Communicable Diseases Factsheet

Chickenpox is a common viral infection that can reappear later in life as shingles. Vaccination is recommended for all infants and non immune adults.

Chickenpox and Shingles

Last updated: 08 April 2018

What is chickenpox?

- Chickenpox is a viral illness caused by the herpes zoster virus (also known as the Varicella-Zoster virus)
- In children it usually causes a relatively mild illness.
- Chickenpox in adults and immunosuppressed people can be severe.
- Infection in pregnancy can cause foetal malformations, skin scarring, and other problems in the baby.
- Before routine vaccination began in November 2005, chickenpox was a very common illness. The incidence of chickenpox appears to have decreased as more people receive the vaccine.

What are the symptoms?

- Chickenpox (varicella) begins with a sudden onset of slight fever, runny nose, feeling generally unwell and a skin rash.
- The rash usually begins as small lumps that turn into blisters and then scabs.
- The rash appears over three to four days. At any one time, the lesions of the rash vary in stages of development.
- Symptoms usually occur two weeks after exposure to the virus.
- Most people recover without complications, but sometimes the infection can lead to serious complications, such as pneumonia and inflammation of the brain. Rarely, the infection can be fatal.
- Persons who are previously vaccinated can still get chickenpox. If chickenpox occurs in a vaccinated person it is usually mild and less contagious than in an unvaccinated person.

How is it spread?

- Early in the illness, the virus is spread by coughing.
- Later in the illness, the virus is spread by direct contact with the fluid in the blisters.
- The infection is highly contagious to people who have never had chickenpox or who have not been vaccinated.
- People are infectious from one or two days before the rash appears (that is, during the runny nose phase) and up to five days after (when the blisters have formed crusts or scabs)
- Chickenpox infection triggers an immune response and people rarely get chickenpox twice.

Who is at risk?

- Anyone who has not had chickenpox or been vaccinated in the past can get chickenpox.
- People with a past history of chickenpox are likely to be immune to the virus. Even adults with no history of chickenpox have a chance of being immune (because of past infection that was mild). Doctors sometimes perform a blood test to see if these people need a vaccination.

How is it prevented?

- A free varicella containing vaccine (MMRV) is now recommended for all children at 18 months of age.
- The Varicella vaccine is recommended for all non-immune adolescents (>14 years) and adults. This involves two doses, at least 1 month apart. It is especially recommended for people at high risk, for example, health care workers, people living with or working with small children, women planning a pregnancy, and household contact of persons who are immunosuppressed.
- People with chickenpox should avoid others (and not attend childcare or school) until at least five days after onset of the rash and all the blisters have dried.
- People with chickenpox should cover the nose and mouth when coughing or sneezing, dispose of soiled tissues, wash their hands well and not share eating utensils, food or drinking cups.
- Pregnant women should avoid anyone with chickenpox or shingles and should see their doctor if they have been around someone with these illnesses.
- Children with an immune deficiency (for example, leukaemia) or who are receiving chemotherapy should avoid anyone with chickenpox or shingles as the infection can be especially severe.

How is it diagnosed?

Most cases can be diagnosed based on the symptoms and by appearance of the rash. Sometimes the diagnosis is confirmed by testing samples taken from the rash or from blood.

What is Shingles?

- Shingles is caused by the reactivation of the virus that causes chickenpox, usually in adulthood and many years after the initial chickenpox illness.
- The illness is characterised by a painful chickenpox-like rash on a small area of skin, usually on one side of the body.
- Pain and tingling associated with the rash may persist for weeks or months after the rash has cleared. This is called post-herpetic neuralgia.
- The virus can be spread by direct contact with the skin rash of infected people. This causes chickenpox in people who are not immune.
- Shingles develops more commonly in people who are immunosuppressed.

How are shingles and chickenpox treated?

Shingles can be treated with special antiviral drugs such as acyclovir. Your general practitioner can advise on ways to minimise the discomfort associated with the symptoms of infection.

Chickenpox infection usually resolves without treatment.

What is the public health response?

Chickenpox is not currently notifiable in NSW but the incidence is monitored through the number of patients attending emergency departments and the number of patients who are hospitalised with chickenpox or shingles.

- Varicella vaccine protects against chickenpox, even if given up to five days after exposure.
- Short-term immunisation with varicella-zoster immunoglobulin (VZIG) - which is made from antibodies in donated blood - can prevent illness in people at high risk of complications. This needs to be given within 96 hours of exposure to the virus to be effective. People at high risk of complications following exposure include pregnant women who have not had chickenpox and who have not been immunised, newborn babies, and some immunosuppressed patients.

For further information please call your local Public Health Unit on 1300 066 055 or visit the New South Wales Health website www.health.nsw.gov.au

FROM THE TEACHERS**Sports Report*****Athletics Carnival***

Congratulations to all the students who participated in the Athletics Carnival. Well done to Sam C who broke the school record for Senior Boys discus. The previous record was 21.34m and Sam threw a massive 26.99m. Fantastic work Sam!

Knockout Tennis

Our knockout tennis team has done it again, another win! Last Tuesday they competed against Gosford Public School and won a convincing 41 sets to 17. They will now move on to the quarter final, where they will play the winner of North West Competition (Gunnedah South Public School). Congratulations team!

Miss McDonald
Sports Coordinator

Thanks

Jessica McDonald

K-2 Cricket Clinic

On Tuesday 23rd and Wednesday 24th July, K-2 students will be participating in a free cricket clinic as part of our PDHPE program. This clinic will provide students with an introduction to basic cricket skills and expose students to the sport. Students should wear sports uniform for this clinic.

Kind Regards,

Laura Feeney

Relieving Assistant Principal

Lost Property

With the weather being so variable in temperature, the days beginning cold and then warming up to sunshine, the children take off their jumpers and forget about them. This means our stash of lost property is really quite large. In the 1M/1A wet area, all the items in the tub have some type of identifiable mark on them. Separate to this, is another pile of clothing with no names or identifiable markings. Below is a list of sizes and types of clothing we have in this pile. If you think it might belong to your child, please claim it before the end of term. All items not claimed will be taken to the uniform shop for sale.

Clothing Item	Size
Summer Dress	8
Jumper	6
Target jacket	7-8
Jumper	7-8
Fleecy jacket	5-6
Jacket	12
2 x Jackets	8
Jacket	5
3 x jackets	12
Target jacket	10
Jacket	3-4
Jacket	4
Bag with green socks and girl white and pink love heart underpants	

ICAS

The International Competitions and Assessments for Schools (ICAS) is an independent, quality skills-based assessment program which rewards and recognises achievement. ICAS gives you broad insights into your child's performance across English, Mathematics and Science. ICAS (sometimes referred to as the UNSW assessments) has been developed by Educational Assessment Australia (EAA) since 1981. This year the ICAS exams will be conducted online.

Students in Years 3, 4, 5 and 6 may sit these tests at John Purchase PS. Note that these tests are held before school hours, at 7:45am on the dates below. If your child is sick or late on the day, there are no make-up test dates offered.

Science	Thursday 5 September 2019
English	Tuesday 17 September 2019
Mathematics	Thursday 19 September 2019

To learn more about ICAS go to www.eaa.unsw.edu.au/icas/about

Registration and Payment of Fees

To enrol your child in ICAS, please complete the registration form below and return it.

Please note that this year John Purchase Public School will not be accepting any payments for ICAS. All payments are to be made directly to UNSW Global using the online parent payment system. Instructions on how to make the payment and enrol your child are outlined on the below permission slip.

PLEASE NOTE NO LATE ENTRIES WILL BE ACCEPTED.

Should you have any queries about the examinations please contact Mrs Danielle Ward.

PERMISSION FORM 2019
International Competitions and Assessments for Schools (ICAS)

I give my child, _____, permission to participate in the following 2019 International Competitions and Assessments for Schools (ICAS):

This form must be returned to Mrs Ward by Thursday 22nd August 2019.

Please select the subjects you would like your child to enter:

Subject/Paper	School Year	Sitting Date	Entry Fee
Science	3-6	Thursday 5 September 2019	\$14.50
English	3-6	Tuesday 17 September 2019	\$14.50
Mathematics	3-6	Thursday 19 September 2019	\$14.50

Child's Name _____

Class: _____

Signature of parent/guardian: _____

Date: _____

Payment method

1. Visit unsw.global/parentpay
2. Enter JPPS school code: 751c7e7566
3. Enrol your child's details.
4. Select the tests you wish to enrol your child in.
5. Add them to the cart and proceed to the checkout page.

GYG Schools Cup Basketball Relay Competition

Last Saturday 22nd June, 8 of our students participated in a basketball relay competition at the Hills Basketball Stadium. The energy levels were high with a mix of excitement and uncertainty for what was to come. Our team started strong and maintained a lead closely followed by the other team. They had to complete a series of activities and drills up and down the basketball court against the Hills team. The crowd was cheering and in next to no time the relay was over and we pulled away for a clear victory. This win sets us up for a place in the grand finals which will be taking place on Saturday 27th July.



Miss Mu
Co-ordinator



On Saturday I was part of a team of 8 that represented the school at a basketball relay. We played at the Hills Hornets basketball stadium. We warmed up by doing 4 vs 4 then one of the people from Hills Hornets ran us through how to do the relay. These are the things we did; crawl under a chair, grab a basketball, dribble through cones and take 3 attempts to try and make a basket. Next we had to do a monster walk to a certain place then do ten star jumps and then high five the next person in line. When you finished you had to sit down with your hands on

your heads. This all happened because the team was cooperating well with each other and sat down first with our hands on our head. We are going to the grand finals on the 27th of July. We all had a great time.

Xavier 5K

Hills Basketball HAVE A GO DAY

In Week 8 the Hills Hornets sent out coaches to give some of our students an introduction to basketball with a variety of fun games, drills and activities. For the last few years the Hills Basketball Association have offered these very valuable 40 minute sessions to our students.

Miss Mu



It was fun and challenging, The coaches were really nice and explained things really well by giving us examples before we started. While we played fun games, we were practising basketball skills. It also helped us to be very motivated throughout the session. All the activities were interesting and kept us active without tiring us out too much. Overall it was just a lot of fun. We really enjoyed the experience and would love to do more basketball.

Comments from 5K

HORNETS ACADEMY



2-4 Year Olds

Preschool 3 - 5 years
 45 minute sessions held during school term.
 Basic skills and coordination.

5-12 Year Olds

Primary School 6 - 12 years
 1 hour skills sessions held during school term.
 Develop individual skills and team concepts.
 High school leagues 10 - 12 years also available.

Holiday Camps available in school term holidays. 10am - 4pm. 1 day day care available.

 Hills Hornets Basketball Association is a proud supporter of the \$100 Active Kids Rebate Initiative and is an approved provider not eligible for holiday camps.

Local Competition (U10 - Seniors)
 Competitions are held at Hills Basketball Stadium, Castle Hill. Two seasons offered (Winter & Summer).

HILLS BASKETBALL STADIUM | HOME OF THE HILLS HORNETS

HILLS HORNETS CASTLE HILL | Hills Basketball Stadium, Fred Caterson Reserve, Castle Hill
 HILLS HORNETS DURAL | 362 Pelliss Lane, Dural (Previously Dural Recreation Centre)
 Visit hillshornets.com.au or phone 9894-8944 for further information.

 Hills Hornets Basketball Association
  @hillshornets
  @hillshornets



STEAM TEAM - Moving Art -2019

This year STEAM TEAM is exploring ways to combine art and science in response to Vivid and artworks at Sydney Contemporary Art Gallery of NSW.



Taken from: Vivid 2012 - Flickr - Creative Commons - Public Domain

Students will be developing their projects from the beginning of Term 2 to Term 4 at JPPS.

On Thursday 24th October, parents are invited to see students' artworks from 4.30 pm to 5.30 pm in the annex. Special guest speaker - Dr Sandy Nicoll (Academic) Newcastle University.

STEAM TEAM Committee:

Miss Nelson, Mrs Macdonald, Mrs Martinez & Mrs Barr



*John Purchase Public School
Parents' & Citizens' Association*

"Participate and Communicate"

AGM Roles - an appeal to JPPS community

We need to identify 1 position that was not filled at the AGM on 11th March

This role is:

- Working With Children Officer

The Working With Children Officer

The JPPS P&C is committed to providing a safe environment and to promoting and protecting the health, safety, and wellbeing of our children. The role of the JPPS Working With Children Officer is to verify that all employees and volunteers who have face-to-face contact with children possess a valid WWCC clearance. In addition, your role is to report any reliable and reasonable concern that a child might be mistreated to the Department of Family and Community Services.

There are two positions, one male and one female. A volunteer has been nominated and voted in for the male role, so we are seeking one of the JPPS mums to volunteer. Please ask at the office for a nomination form

FROM THE OFFICE

If you are making a payment using the parent portal, please key in the full name of the school, ie. **John Purchase Public School** and not J.P.P.S.

Several payments have been credited into the wrong school and we want to avoid this.

Thank you

FROM THE COMMUNITY

Please note our school publishes events for the convenience of families but does not endorse any activity, person, product



Code something awesome these school holidays.
School Holiday Camps Now On Sale @ Cherrybrook
BRAND NEW COURSES FOR JULY

Learn digital creator skills:

- Minecraft Engineers: Rollercoaster Rockstars
- Roblox: Racecars
- Minecraft Youtuber Star
- Minecraft Modding: Superheroes



Minecraft • Roblox • Youtube
 Over 2,800 kids ❤️ our programs

Visit our website to find out dates and register:

CodeSpace Camps

www.codespace.education
 (02) 8806 3750

THE BURROW CHERRYBROOK INVITES YOU TO

CHRISTMAS IN JULY

CATCH UP FOR A 3 COURSE CHRISTMAS THEMED DINNER, MULLED WINE & LIGHT ENTERTAINMENT \$60PP

SATURDAY 27TH JULY FROM 6PM
 BOOKINGS ESSENTIAL
 0299808010

Warrior are strong, **warrior** excel in a particular skill or activity. But sometimes a **warrior** knows that they cannot rely only on their own strength!

Come and hang out with us these school holidays as we find out what it takes to be a **warrior** Warrior! There will be food, craft, games, fun **warrior** stuff!

Whether you have been before or if this is your first time, come & see if you have what it takes to be a **warrior**. We can't wait to meet you.

Hot & the Life Kids Team

What is MyZaru?
 A super fun children's programme by **Community Life Church**.

Who runs MyZaru?
 A team of volunteers, leaders and parents from **Community Life Church** who ensure a fun and safe experience will be had by every child.

Registration
 Email to: enquiries@communitylife.org.au
 Call: M43 details to: 042 669124822
 Register online: communitylife.org.au
 Post your form to: **Community Life Church**
 PO Box 100, Cherrybrook 2125

What you need to know
 When? Sunday 19th July
 Where? The Hub Unit 11, 233 Pine-Tree Road, Cherrybrook
 Time? 9:30am to 3:00pm (drop-off from 8:30am)
 Cost? \$15.00

What to bring! Lunch
 Morning and afternoon tea will be provided.
 Please advise of any dietary requirements.

Disclaimer: I give permission for my child to participate in MyZaru activities July 2019. I do accept that I remain responsible and liable for my child's safety during the program. I am aware that photographs or video footage will be taken of my child and I agree that I remain responsible and liable for my child's safety during the program. I am aware that photographs or video footage will be used to promote MyZaru activities July 2019 activities at Community Life Church, Cherrybrook.

Name: _____
 Age: _____ School Year: _____
 Friends to be with: _____
 Parent Name: _____
 Phone: _____
 Email: _____
 Any medical/allergic information: _____

Signature: _____

Literacy: everyone needs it!
I CAN READ® are the literacy specialists for pre-schoolers to Year 6.

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Total literacy for 3 to 12 years
 Developed by educational psychologists
 Proven methodology
 Small classes and qualified teachers

Reading • comprehension • spelling • grammar • creative writing

Book your free diagnostic assessment
castlehill@icanreadsystem.com
 9459 5495 or 0403 564 131

HOLIDAY CLINICS



DATE: 9/7/2019
AGE: 5-12 years
TIME: 9:00am - 1:30pm
COST: \$40
WHERE: Greenway Park, Cherrybrook



GIVE YOUR CHILD A CRUCIAL HEADSTART



MAKING PUBLIC SPEAKING FUN!



COURAGE THROUGH PUBLIC SPEAKING GRADE 3 & 4

Some things covered:
 - How to be courageous on stage
 - How to feel confident even when feeling nervous

6TH - 7TH JULY



RESILIENCE THROUGH PUBLIC SPEAKING GRADE 5 & 6

Some things covered:
 - How to build their resilience for high school
 - How to use their voice and posture effectively

20TH - 21ST JULY

WHY THIS WORKSHOP?

- Teaching valuable leadership skills through public speaking
- Ongoing support
- Run by professional speakers
- FUN! FUN! FUN!
- Learning through games and activities
- 9:30am - 3pm two day workshop

ACADEMY OF SPEAKERS *LIMITED SPOTS BOOK AT:*
 Normanhurst High School academyofspeakers.com



NORTHSIDE AND HILLS DISTRICT COMBINED TERM 2, 2019 FINALE

4/5/19 - Crestwood Public School
 11/5/19 - Samuel Gilbert Public School
 25/5/19 - The Hills Grammar School
 1/6/19 - James Ruse Agricultural High
 15/6/19 - Castle Hill High School
 22/6/19 - Cherrybrook Technology High

Start anytime between 9:30am and 11am

Beginners, regulars and super stars welcome.

Entry: \$10-\$15.
 Free introductory coaching

The series continues in term 3. Make the SOS your winter sport!



BOLD HORIZONS
WWW.BOLDHORIZONS.COM.AU

Register on the day at the venue. See www.boldhorizons.com.au or Facebook for details.



Free entry for CTHS and JPFS students on 22 June





WOULD YOU LIKE TO HELP START A JOHN PURCHASE PUBLIC SCHOOL ORGANIC VEGGIE BOX CO-OP ON THURSDAYS

**PACKING OF FRUIT & VEG BOXES 2.30PM THURSDAYS
PICKUP BOXES BEFORE 6PM.**



**FUNDING
HEALTHY
EATING
CLASSES**

APPROX.
**40%
LESS THAN
RETAIL BY
WORKING AS A
COMMUNITY**



* **THE CHEAPEST** WAY TO BUY ORGANIC IS TO WORK AS A COMMUNITY.

* GOING ORGANIC IS THE BEST WAY TO REMOVE PESTICIDES FROM YOUR FAMILY'S DIET.

**OPEN
TO PARENTS,
TEACHERS &
THE LOCAL
COMMUNITY.**

SIGNUP & INFO

WWW.MYORGANICSCHOOL.COM/JOHNPURCHASE

WHAT'S IN JOHN PURCHASE PUBLIC SCHOOL'S WEEKLY ORGANIC FRUIT & VEG BOX?

FAMILY FAVOURITE STAPLES

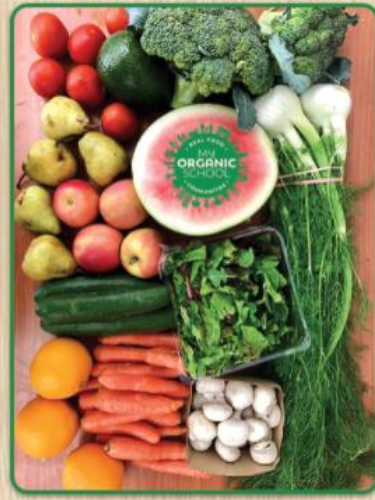
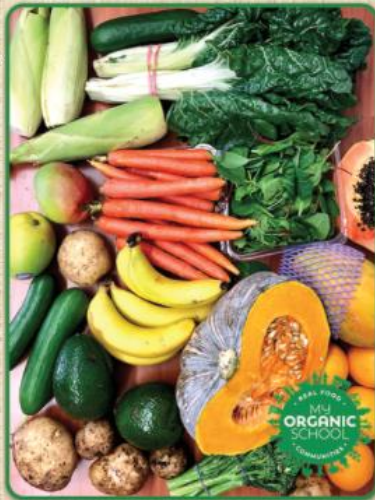
YOU'LL FIND A GOOD MIX OF STAPLES EACH WEEK: E.G LETTUCE, CARROTS, BROCCOLI, POTATOES, APPLES, ETC.

SEASONAL PRODUCE

THE CONTENTS OF THE BOX CHANGES EVERY WEEK. IT DEPENDS ON WHAT IS IN SEASON AND WHAT IS OF THE VERY BEST QUALITY. THESE 2 FACTORS USUALLY COINCIDE. SEASONALITY EQUALS ABUNDANCE OF HARVESTED PRODUCE, THINK CITRUS & CAULIFLOWER IN WINTER, MANGOES IN SUMMER.



EXAMPLES OF BOX CONTENTS FROM 2019



HOW DOES IT WORK?

IT'S SIMPLE, THE SCHOOL'S LOCAL COMMUNITY GETS TOGETHER TO DIVVY THE BULK ORGANIC PRODUCE INTO FAMILY BOXES ONCE A WEEK AFTER SCHOOL.

EVERYONE GETS AFFORDABLE TOXIN FREE PRODUCE AND WE SAVE FUNDS TO TEACH HEALTHY EATING CLASSES AT YOUR LOCAL SCHOOL.

FIND OUT MORE AT WWW.MYORGANICSCHOOL.COM
WE ARE A SOCIAL ENTERPRISE PROVIDING AN AFFORDABLE ALTERNATIVE TO PROCESSED AND PESTICIDE LADEN FOOD.

SIGNUP, INFO & ORDERING :

WWW.MYORGANICSCHOOL.COM/JOHNPURCHASE

