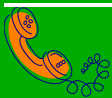


John Purchase Public School

Advance Together: Strive for Excellence



9875 3100



9875 3762



johnpurch-p.school@det.nsw.edu.au
www.johnpurch-p.schools.nsw.gov.au



THE CALENDAR

For future dates please refer to the "calendar" tab located on the school website
www.johnpurch-p.schools.nsw.gov.au

<u>MON 11 FEB</u> 7pm P & C meeting in the annexe	<u>THURS 14 FEB</u> School Photos	<u>WED 20 FEB</u> Parent info night K – 4.45pm S1 – 5.30pm S2 – 6.15pm S3 – 7pm	<u>THURS 28 FEB</u> Swim trials Sydney Nth 1.50pm Induction Assembly First Assembly 2019	<u>MON 4 MAR</u> JPPS Swimming Carnival
<u>FRI 8 MAR</u> Zone Swimming	<u>MON 11 MAR</u> 7pm P&C AGM in the annexe	<u>TUES 12 MAR</u> Stage 3 CTHS "Annie" Production	<u>THURS 14 MAR</u> Selective HS test 2.05pm Assembly	<u>WED 27 MARCH</u> X-country

FROM THE PRINCIPAL

Proudly Presenting Our Leadership Team



PRINCIPAL
Mrs Leonie Black

The principal and deputy principal are responsible for leading and managing the school.



DEPUTY PRINCIPAL
Mrs Adela King



The Business Manager leads and manages the administrative support team and manages WHS, assets, ICT and Finance.

**BUSINESS
MANAGER**
Mrs Clare Cattell



**ASSISTANT
PRINCIPAL
EARLY STAGE ONE
(KINDY)**
Miss Laura Feeney

Each assistant principal leads a stage of teachers and students. They are responsible for providing support to each teacher in their stage to improve student outcomes. Responsibilities include: administration, student wellbeing, parent support and teaching and learning.



**ASSISTANT
PRINCIPAL
STAGE ONE
(Years 1 & 2)**
Ms Sarah Allen



**ASSISTANT
PRINCIPAL
STAGE TWO
(Years 3 & 4)**
Mrs Stephanie Salazar



**ASSISTANT
PRINCIPAL
STAGE THREE
(Years 5 & 6)**
Mr Nicholas Johnson

Equipment List

The equipment lists for each stage were emailed at the end of last year as well as last week, and are included below for your convenience.

Safety Outside Our School

As mentioned on a number of previous occasions, safety outside the school is of highest importance, with hundreds of accidents occurring outside school zones each year. We work together to ensure our students and community members are kept safe and this involves patience and complying with road rules.

Please note that our kiss and drop area on Purchase Rd has a 'No Parking' sign erected. This means drivers can stay in the zone for a maximum of 2 minutes. If there is no available spare car space in the zone, it means driving around the block and either parking and walking further away or driving around the block until there is a space. Please do not queue along the road blocking the traffic behind you.

The rules and current fines have been included in this newsletter for your convenience. Please take the time to look at these and ensure compliance. Rangers and police will be coming to the school and will book offending drivers.

WHS

Keeping students, staff, parents and visitors safe at our school is important and is a joint responsibility. Our teachers regularly discuss work, health and safety issues at our staff meetings. Parents also report WHS to the front office.

Top 5 Parenting Strategies

Throughout the year, we will include articles which explore topics of interest, which have been made available to us from parenting expert Michael Grose. This week, please refer to his Top 5 Parenting Strategies.

Anaphylaxis

This is a reminder that we have children in our school who are anaphylactic, which means they have a severe allergy to certain foods. In the worst case scenario this can be fatal. For this reason we ask parents not to send children to school with nuts (including processed foods containing nuts such as nutella and snack bars), shellfish/crustaceans, dairy, eggs and kiwi fruit. It is not merely eating the foods that can cause an anaphylactic reaction, but also inhaling particles or coming into contact with the food. We ask that parents do not bring in treats containing these foods, such as for birthdays. Thank you for your support in complying with this request.

Staff members are trained in identifying an anaphylactic reaction and responding to this potentially life threatening situation. If parent volunteers would also like to complete the training, it is available online at no cost. Go to <https://www.allergy.org.au/about-ascia/about-ascia-e-training>

THE JOHN PURCHASE SKOOLBAG APP.

In our endeavour to keep parents informed and to facilitate easy access to important information and updates, we have a school app - Skoolbag. Most of our parents have already subscribed to this. For new parents or for parents who have not yet had a chance to install this, please follow the link below, which will take you to the instructions for downloading the app.

<https://www.moqproducts.com.au/skoolbag/installation-instructions/>

Mrs Leonie Black
Principal

FROM THE DEPUTY PRINCIPAL

Student Leaders' Camp 2019



Last week, I was fortunate to be able to drive to Arcadia and visit Ashton, Moaz, Kavya and Amelie, our 2019 student leaders. Our students immersed themselves in team building and creative challenges at the camp, held at Vision Valley. Over one hundred student leaders from schools across the area, embraced the opportunity to make new friends and talk about their leadership roles, while having a great deal of fun!

Induction of 2019 Student Leaders

Along with our four student leaders, SRC representatives from Years 2 to 6, sporting house captains, band captains and library monitors, will be inducted to their respective roles on **Thursday 28th February**. Please be advised that we would like to commence the Induction Assembly a little earlier, at **1:50pm**, not 2:05pm, which is the usual Thursday assembly start time.

School Photographs 2019

This year, our class, individual and sibling photos, will be taken at school **this Thursday 14th February**. Please send back the order envelopes to class teachers on Thursday. Family order forms need to be collected from the front office and returned to school on Thursday as well.

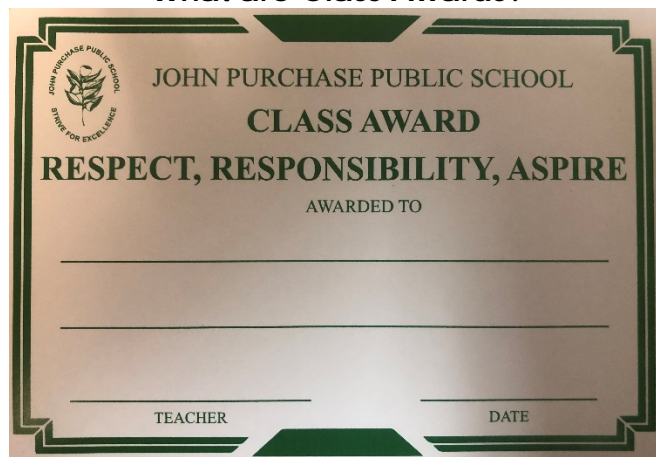
Parent Information Sessions

We hope that as many parents as possible, are able to visit us during the parent sessions, especially prepared by class teachers. We are keen to invite all parents to a 45 minute information session about their child's new classes. Please mark this date in your diaries: **Wednesday 20th February** (and **tomorrow Tuesday 12th February for 4/5B only**)

Which classes?	Start Time	Locations A school map is located outside the administration block.
Early Stage 1 (Kindergarten)	4:45pm	Hall (first 20 minutes) all groups 5:05pm move to 3 Kinder classrooms
Stage 1 (Year 1 and Year 2)	5:30pm	Hall (first 15 minutes) all groups 5:45pm move to Stage 1 classrooms
Stage 2 (Year 3 and Year 4)	6:15pm	Presentations will occur in individual Stage 2 classrooms.

Stage 3* (Year 5 and Year 6)	7:00pm	Presentations will occur in individual Stage 3 classrooms. *Please note that Miss Brennan will hold the 4/5B session tomorrow - Tues 12 Feb at 6:15pm.
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What are Class Awards?



As a school, we target positive behaviours that support our expectations. Class Awards recognise individuals in their behaviour and learning at school. A consistent incremental reward system operates throughout JPPS. In last week's newsletter, I outlined Purchase Prides. In addition to these, teachers also hand out green and white 'class awards' for positive behaviour or achievement. When students have collected ten class awards, they receive a bronze level award. The student and their parents are invited to a special morning tea with the Principal when they receive this first award. This morning tea is held once per term. Students work their way up through the award levels, and can aspire to the highest award level, which allows them to be 'Principal for a Day'.

Every increment of ten awards needs to be handed in to me, clearly labelled with the student's current class and achievement level reached. I will then be able to publish this information in the next newsletter and let parents know when these awards will be presented at assembly. Please note that all Bronze awards are retained in my office, until presentation at the Principal's Morning Tea, later in the term.

A summary of the Class Award levels is as follows:

10 Green Class Awards = Bronze Award & First Principal's Morning Tea (with Mrs Black, Mrs King & parents)

20 Green Class Awards = Silver Award

30 Green Class Awards = Gold Award & badge

40 Green Class Awards = Bronze Medallion & second Morning Tea with Mrs Black and Mrs King

50 Green Class Awards = Silver Medallion

60 Green Class Awards = Gold Medallion

Getting Ready For School Every Day: 5 Handy Tips

As we settle in to the new school year, allow me to share five sensible tips from the Australian Government website: *Learning Potential*.

Getting your child ready for school in the morning can be stressful – school lunches, forgotten permission slips, packing school bags – but it doesn't have to be...

1. Early to bed, ready to rise

When your child gets enough sleep, they are more likely to wake up cheerful, energetic and ready to learn at school. If you have to drag your child out of bed in the morning, they might not be getting enough sleep. Turn off technology well before bedtime.

2. Helping hands

Encourage your child to get themselves ready as much as possible. Instead of doing everything yourself, teach your child to do tasks like brushing their teeth and hair, packing their bag and making their bed. This encourages independence.

3. Be prepared

Take the pressure out of the morning routine by getting prepared the night before. Anything that doesn't need to be done in the morning can be done the night before. For example, making lunches, packing bags and reading/signing notes.

4. Keep it simple

Try to keep your morning routine and breakfast as simple as possible on school days. Quick nutritious options like wholegrain cereals, fruit and yoghurt are great. If the breakfast things are in easy reach, you can encourage older children to make their own breakfast.

5. Make a plan

Some families find it helpful to develop a morning schedule that puts all these ideas together. It often works well if you involve your children in making the schedule; making a list of the morning tasks, who needs to do what, and what time things need to be done. Referring to the schedule and praising more often, can lead to a more stress-free start to the day!

Our School Expectations: Respect, Responsibility, Aspire



This week's expectation is **Respect: speak to others in a polite and positive way**. **Congratulations** to the students who have demonstrated our school expectations of **RESPECT**, **RESPONSIBILITY** or who have tried to **ASPIRE**. The latest awardees are published below:

Purchase Pride Badges

Please note that these badges will be presented at the Week 4 Monday morning assembly (next week). Congratulations to:

Mia A (5J), Senumi (4N), Hritiki (3L), Joanna (2B), Amber (2C)

Gold Awards

Please note that these awards will be presented at the Week 7 Thursday afternoon assembly on **Thursday 14 March**. Congratulations to:

Owen R (5M)

Mrs Adela King
Deputy Principal

parenting * ideas

insights

Top five strategies to improve your parenting this year

by Michael Grose



POSITIVE PARENTING



The start of the year is a great time for making changes and improvements to the way you raise kids. But it's difficult to know where to begin.

To assist with the change process we've carefully selected five practical strategies that will have a positive impact if acted upon. We've organised webinars in the first half of the year to assist you to implement each strategy.

1. Switch on your child's strengths

Most of us have been conditioned to focus on what kids can't do. There is a better way. The Positive Psychology movement led by US-based psychologist Dr. Martin Seligman showed that when we can unearth kids' strengths we are, in effect, unlocking their true potential for success and happiness. Three elements come together to make a strength and parents need to be mindful of all three: performance (being good at something); energy (feeling good doing it); and high use (choosing to do it).

Professor Lea Waters, author of the wonderful new book *The Strength Switch* and current President of the International Positive Psychology Association will show you how to focus on kids' strengths in her webinar 'Switching on your child's strengths'.

2. Balance kids' extra-curriculum activities

Alongside social media and news events, being busy is now recognised as a major stressor for many children and young people. The choice of activities to keep kids busy after school hours is mind-boggling.

Having so many options is wonderful but it does place a new set of pressures on parents and kids. The cost of loading kids up with scheduled activities is that many don't get the chance for free play, or simply 'vegging out' on the couch.

Parenting Ideas expert Dr. Jodi Richardson will help you find the right balance of activity for your family in her webinar 'Balancing extra-curricular activities'.

3. Focus on friendships

Friendships are an important part of the road to adulthood for a child or young person. Friendships can also be

parenting*ideas

problematic. Not every child is naturally outgoing and makes friends easily. If your child has difficulty forming friendships and is worried by that, then there are many ways to approach this including: encouraging kids to spend one-on-one time with others, making extra-curricular activities fit their interests, and coaching kids to develop friendly behaviours.

The wonderful [Sharon Witt](#) will conduct a webinar 'Teach girls to build each other up', focusing on friendship skills especially for parents of girls.

4. Give kids tools to manage anxious moments

Currently we have a childhood anxiety problem. A big one! And it's mostly undetected as community understanding of anxiety is low. It's our experience at Parenting Ideas that many parents are anxious and they don't know it, and many children routinely experience anxiety, which goes unrecognised.

Parenting Ideas founder Michael Grose is conducting a webinar 'Managing your child's anxiety' to help parents on this challenging but important topic.

5. Develop rights of passage

Community changes have largely eradicated many traditional rights of passage, making it harder for a young person to know when they've become an adult.

Fortunately, many families are now creating their own to mark events such as the end of primary school, the move into the teenage years, and mark different stages of adolescence. These traditions are now becoming legitimate rights of passage for young people.

Internationally recognised expert on rites of passage Arne Rubenstein will outline practical ways you can recognise a young person's important life markers in his webinar 'Creating 21st century rites of passage'.

Will anything be different this year?

Change and improvement in anything worthwhile generally comes incrementally rather than in one giant leap. We've pointed you in the right parenting to take this year. With our webinars we've made it easy to take that vital first step. Have a great parenting year.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World* and *Last Borns Want to Change It*, and his latest release *Spooned Generation: How to raise independent children*.

FROM THE TEACHERS



Goals for our supportiveschool culture

Schools are increasingly recognising the need to address bullying, resilience and social skills. Our school will continue to build on our work in these areas to maintain and strengthen our friendly and supportive culture.





The resources we will use are based on evidence from 12 years of empirical research from the Child Health Promotion Research Centre. The resource materials aim to help schools to encourage positive social behaviour and reduce bullying behaviour.

Actions we take will include:-

- reviewing the school Anti-Bullying Plan every 2 years.
- delivery of a ten week 'Friendly Schools PLUS' program of explicit anti-bullying lessons across the school each year.
- use of the 'Friendly Schools PLUS' resources and strategies school wide.
- using restorative practices across all school environments.
- asking our whole school community to uphold our school expectations across all school environments.

Thank you for your support
Leonie Cole
Learning and Support Teacher

2019 EQUIPMENT LISTS

Kindergarten	Stage One: Year 1 and 2
<ul style="list-style-type: none"> Long sleeve paint smock – labelled with name A small pair of child scissors – labelled with name Four hard glue sticks- may need replacing throughout the year. Glue sticks are to share – do not label with your child's name. Large size "UHU" or "Bostik Blu" glue is recommended. One A4 plastic envelope labelled with name and class One box of tissues (optional) One roll of hand towel (optional) Four whiteboard markers- may need replacing throughout the year One whiteboard rubber/eraser (can be a cleaning cloth) Library bag – labelled with name and class A set of headphones packed into a small pencil case, clearly labelled with your child's name not ear buds (prong for iPad connection – not USB connection) 12 pack or more crayon twistables. Crayons are to share and do not need to be labelled. (Crayola brand is recommended and available at Officeworks)  <p>We ask that the whiteboard markers and erasers be put into a snap lock bag or a small pencil case, clearly labelled with your child's name.</p>	<ul style="list-style-type: none"> 3 large, solid glue sticks pair of scissors – If your child is left handed please ensure the scissors are designed for left handed children pack of whiteboard markers and a whiteboard rubber. See picture below. 3 plastic A4 wallets labelled with child's name. Please no plastic sleeves. See picture below. 1 plain paper scrapbook, slightly larger than A4. See picture below 1 display folder 1 large piece of cardboard 1 packet of post-it notes 1 pack of twistable crayons 1 roll of paper towel 1 large box of tissues 1 pack of baby wipes  <p>Year 2 only</p> <ul style="list-style-type: none"> HB pencils (These are easily lost. Please name clearly.) 1 medium pencil case textas pencil sharpener (barrel type to catch shavings)  <p>Equipment from previous years (no need to re-buy)</p> <ul style="list-style-type: none"> library bag paint shirt / smock pair of headphones with one cord (not ear-buds). Please send headphones inside a ziplock bag with your child's name on it. See picture below. 
Stage Two: Years 3 & 4	Stage Three: Years 5 & 6
<p>An A4 book for homework projects</p> <ul style="list-style-type: none"> A pencil case (not too large) Coloured pencils Textas HB pencils 2B pencil Year 4 only – black and blue pens Red pen Glue sticks x 4 Scissors Set of highlighters Eraser Pencil Sharpener – barrel style to catch shavings Packet of whiteboard markers Whiteboard eraser Protractor Quality compass to draw circles Ruler marked in millimetres 1 box of tissues Liquid soap 1 paper towel roll Calculator Art shirt (A second hand business shirt is ideal.) 3 manila folders –envelope/pocket style for storing worksheets and notes 1 display folder <p>Please remember to label all items clearly.</p>	<ul style="list-style-type: none"> 4 red pens 4 blue & black pens (or more) 4 lead pencils 2 glue sticks 1 eraser 1 pair scissors 1 pencil sharpener 1 plastic ruler 30cm Coloured pencils Textas Small pencil case Large pencil case 1 geometry set 1 calculator Whiteboard markers and eraser 2 box of tissues 1 packet of wet ones or liquid soap 2 rolls of paper towel 1 yellow highlighter 1 highlighter (different colour to yellow) 2 x A4 display books 3 x pads of post-it notes 1 x Art shirt

JPPS Art Club

JPPS will be starting an Art Club in week 3 and will run over the course of the year. Students will have the opportunity to practise colour mixing, shading, drawing (pencil, charcoal, pastels), painting (watercolour, acrylics). We will also look at different techniques, artists and time periods.

We are excited to announce that we will be having our own 'JPPS Young Archie Competition' in which 10 portraits will be selected to enter the Art Gallery of NSW 'Young Archie' Competition over the month of February. The 'Young Archie' competition is run by the Art Gallery of NSW (in conjunction with 'The Archibald') and is a portrait competition for artists under the age of 18. On the 1st of March will be choosing 10 portraits to enter this competition. Students paint or draw a picture of someone they know (friend, family member or self-portrait).

When: Thursday lunch, starting this week

Where: 4LT classroom

Who: Students in year 4, 5, 6 (maximum 25. In the event of demand exceeding places available, preference will be given to year 6, then year 5, then year 4 students).

What to bring week 3: A photograph of someone you know who you will draw/paint a portrait of for the 'Young Archie' Competition. Sketching pencils (if you own any).

Sign up: On the 4LT classroom door on Tuesday or Wednesday.



TUNING IN TO TEENS

EMOTIONALLY INTELLIGENT PARENTING



5 SESSION PARENTING COURSE FOR PARENTS OF TEENS

Would you like to learn how to:

- Communicate effectively with your teenager?
- Understand your teenager?
- Help your teenager with emotional intelligence and managing emotions?
- Prevent some teenager behaviour problems?
- Teach your teenager to deal with conflict?

VENUE: Chatswood Community Health Centre

57 Hercules St, Chatswood

DATES: Wednesdays 6th March - 3rd April 2019 (5 sessions)

TIME: 6.30pm - 9.00pm

COST: \$150 - subsidised rates available re: financial difficulty
REFRESHMENTS PROVIDED

BOOKINGS ESSENTIAL: <http://tntchats1.eventbrite.com.au>

PH: 8877 5376

The 5 session course will be facilitated by a qualified Parent Educator from
Child and Adolescent Parenting, Northern Sydney Local Health District



Health
Northern Sydney
Local Health District



headspace
Chatswood

FROM THE P & C**Volunteers for Canteen**

Firstly thank you to all the mums who have volunteered to help in the canteen this year. We are extremely lucky at JPPS to have such a wonderful group of volunteers who help run our canteen successfully. However, we still have some days where we have no volunteers or need more volunteers to fill our roster. If you can spare one day a month from 9.30 to 1.15, please call into the canteen and put your name down. It is a great way to meet other mums and your kids love seeing you in the canteen.

Lunch Orders

Lunch orders can be made two ways – either by handing the order in to the canteen before school, or via Flexi Schools online ordering app. If you are handing it in to the canteen:

- Please write your child's name, class and order clearly (in ink) in the middle of the bag.
- Please check the current menu prices as some items have increased in price from last year.
- If change is required, it will be folded and taped in one corner of the bag so please warn your child not to throw it in the bin.
- Please do not order frozen items – they can be purchased during lunch.
- Please tell your child to come to the canteen straight away with their paper bag if an item is missing from the lunch order so that we can fix the problem.
- Please do not use sticky tape or glue money to the bag. It is time consuming to remove and almost always ends up damaging the bag.
- Please check your child's addition. They will be disappointed if they miss out on something if there isn't sufficient money.
- If your child forgets their recess or lunch, they need to tell their teacher and they can then come to the canteen where they will be offered a sandwich. A note will be sent home telling you how much is owing to the canteen. Your prompt payment of this account would be appreciated.

If you have any questions about ordering recess or lunch orders, please come and see us.

Healthy Canteen

Last year we submitted our menu using the free menu check service offered by the Northern Sydney Local Health District to review our canteen menu against new food and drink criteria. While we implemented a healthy menu in 2018, we made some minor changes to ensure our 2019 menu was well within the guidelines. By applying for the menu check service, we went into a prize draw and are happy to report that we won 1st prize to purchase canteen equipment to the value of \$3,000!!

Volunteers needed for the Uniform Shop!

Do you have an hour free during the week?

Then please come and help in the Uniform Shop!

Our opening hours are:

Monday, Wednesday and Friday 8.30 to 9.30 AM.

Please email the Uniform Shop to volunteer jpps.uniform@gmail.com or call Sarah on 0412 987 027.

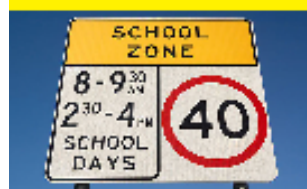
Lastly, thank you everyone for the warm welcome I have received from the John Purchase community. I'm looking forward to meeting you and helping you and your children with their uniform needs.

Sarah Nichols.
Uniform Shop Manager

School Zone Road Safety

Remember! Road safety starts with you!

2019



School is back!

Here are some safety tips for driving and parking within school zones, as well as road rule information to help keep you and your children safe.

Driving Safely

- Check all passengers are buckled up.
- Stick to the 40km/h speed limit.
- Always look out for pedestrians, especially at crossings and intersections.
- Avoid U-turns and three-point-turns within the school zone.
- Look for buses pulling out and always pass a bus with flashing orange lights at 40km/h

Drop-off and Pick-up Time

If you are able to drop your children off quickly, consider using a No Parking or Kiss & Drop zone or drop them further down the road a bit and let them walk to the gate.

How to use a No Parking zone

A No Parking zone is a drop-off, pick-up location. Remember:

- You can stop for a maximum of two minutes in the zone.
- The driver must remain within three metres of their vehicle.
- The driver must not leave their vehicle unattended.



No Stopping and Bus Zones

Never stop in a No Stopping zone as you will obstruct sight lines for other drivers and pedestrians, which puts others at risk. Bus Zones are purely for the use of commercial buses and no other vehicles. See over the page for parking offences and fines around schools.



Walking to School

Plan your trip to school and use safe crossing locations if possible. Always hold your child's hand as they need help to spot dangers such as vehicles exiting driveways.

Parking Tips

- Always follow the road rules. Remember, road rules around schools are there to keep you and your children safe.
- If possible, make sure children exit your vehicle on the footpath-side or verge side when getting in and out of the car.
- Never stop on a pedestrian crossing or double park as you will obstruct sight lines for other drivers and pedestrians, which puts others at risk.
- Park safely, even if it means walking further to the school gate to drop-off or pick-up your child. It's a great way to connect with your child before and after school (away from screens).
- Pick your children up five to ten minutes after the bell in the afternoon, to avoid the most congested period. Ask them to wait inside the school gate for safety.
- If you park across the road, walk over to meet your child. Never call them across the road to you.

Child Car Seats

It is important your child is restrained in the correct child car seat for their age and size:

- It is recommended to keep older children in a booster seat until they are at least 145cm in height.
- A child that is correctly secured in an approved child car seat is less likely to be killed or injured in a crash than one who is not.



Model safe and considerate behaviour for your child - they learn from you!

FROM THE COMMUNITY

Please note our school publishes events for the convenience of families but does not endorse any activity, person, product



Get Race-Ready for School Carnivals!

Castle Hill RSL Dolphins is offering a Pay-As-You-Go option to enter our Friday Night Races for up to 8 weeks

Experience Race Conditions

Enter up to three races per race night.
All strokes and events are available.
All races are timed using semi-automatic equipment.
All races are run by qualified technical officials.
Our race nights follow the rules of Swimming NSW.
Our qualified judges and referees will advise if your stroke is not "legal", so you can correct it before your carnival.

Pay-as-you-go option

Simply email our Recorder to register your child on fridayraces@castlehilldolphins.com.au
Entries **MUST** be received before 9:00pm each Wednesday stating swimmer's name and date of birth.
Payment in advance or on the night is required.
Under this offer, swimmers will not become members of the club; however if they enjoy the racing experience, they may choose to join at any time.

No Long term Commitment

Under this offer there is no commitment to join the club - swimmers can focus solely on getting ready for their school carnival.

CHRSL Dolphins is offering swimmers the chance to experience and practice racing for only \$10 per race night. This offer is available between mid-January and mid-March.

See our website for full details of the club, and benefits of membership.
<https://chrd.swimming.org.au/>

Contact Us

For more information on this offer, contact us at info@castlehilldolphins.com.au

LEARN TO SWIM

Programs for all ages and abilities
Small classes run all year round
Award winning teacher training
One of the world's best swim schools for over 60 years

Carlisle Swimming Cherrybrook
33 Shepherds Drive, Cherrybrook
Call us on 9980 7822 or
visit www.carlisle.com.au



WESTBROOK play AFL
JUNIOR AUSTRALIAN FOOTBALL CLUB

West Pennant Hills - Cherrybrook - Dural - Castle Hill - Glenhaven - Galston - Kenthurst - Glenorie



REGISTER ONLINE PLAY.AFL
to play AFL with **Westbrook Bulldogs!**

SAVE \$100 using your ACTIVE KIDS voucher - from January

FREE "TRY AFL" SESSIONS

Greenway Park, Cherrybrook - 9:00am
Sunday Feb 3rd and 10th 2019
Bring water bottle, hat & running shoes (no boots)
Mark 0411 181 798

nab Auskick

AUSKICK 5 - 8 yrs / JUNIOR 9 - 12 yrs / YOUTH 13 - 17 yrs
GIRLS COMP - Juniors 9-12 / Youth 13-18
PLAY AFL SUNDAYS@
Mike Kenny Oval - Greenway Park - Cherrybrook

Westbrook Junior AFL Club
www.westbrook.org.au / westbrookbulldogs@gmail.com

LEARN MATH AND LAWS OF PHYSICS

DEVELOPS MOTOR SKILLS

EdgeUTech
IMMERSE YOUR POTENTIAL

CREATIVE KIDS
Build Your Tomorrow. Today!

YOUNG ENGINEERS
Build Your Tomorrow. Today!

John Purchase Public School

TUESDAY 5TH FEBRUARY TO 9TH APRIL 2019 Book online at www.trybooking.com/25V5

Eligibility	Program Name	Time	Fees
Yr 1 - Yr 3	Junior Robotics	3:05pm to 4:20pm	\$198
Yr 4 - Yr 6	Senior Robotics	3:05pm to 4:20pm	\$198
Yr1 - Yr 6	Electronics	4:35pm to 5:35pm	\$198

APPROVED - CREATIVE KIDS SERVICE PROVIDER!

Claim creative kids voucher of \$100. Please go to service.nsw.gov.au for more details.

COMBO DISCOUNT When you enrol in Build-up/Robotics & Electronics on the same day you are entitled to a refund of 15%

Build-Up Program is designed for little children where they start from learning the basics of building Lego Models including improving them and end up building models independently with a friend and enjoying group game.

Robotics Program provides theoretical knowledge in software and mechanical engineering combined with mathematics and physics.

Electronics Program workshops with over 70+ easy electronics assembly electronics kit has everything you need to explore the electronics world with over 80 tailored lesson plans & 2000+ possible experiments.

For more information please call 0416 100 089
info@nswydney@young-engineers.com.au | www.edgeutech.com.au
www.nswydney-young-engineers.com.au



Learn *Music* on the Keyboard or Guitar at School

Keyboard (k-y6) Guitar (y2-y6)

Great songs! Musical activities!
Cool music knowledge!



- ♪ Convenient at-school venue
- ♪ Small group - 45 min weekly lesson
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- Review Assessment
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Listen Speak And Communicate Speech Pathology

Does your child have difficulties in any of the following areas?

- **Receptive Language** - Following instructions or adequately understanding spoken language according to their age
- **Expressive Language** - Making up a sentence, joining words or adequately expressing language according to their age
- **Articulation** - Producing speech sounds
- **Stuttering** - Gets stuck or blocked while speaking, has repetitions and prolongation of sounds
- **Voice** - Problems in the voice quality, which could be hoarse, nasal, high pitch, misused or overuse by screaming and yelling
- **Pragmatics** - Have appropriate conversational skills e.g. turn taking behaviour, eye contact made or maintained, makes comments or remarks out of place, voice is too loud or soft which is not suitable for the expected age of the child
- **Phonological awareness** - Sound letter correspondence, unable to hear beginning, middle and end sounds in a word, unable to blend, segment or sequence sounds which affects literacy development

Contact :
Sheena Barreto - Speech Pathologist
Phone: 0433144098
E-Mail: info@lsacspeech.com.au

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